

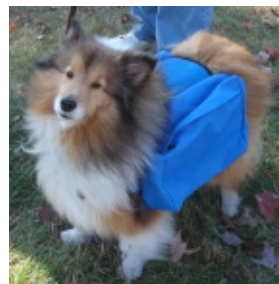


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SOS Animal Rescue Newsletter • Volume 10, Issue 3 • October 15, 2010

Congratulations, Winners of the 2010 Dirty Dog Run

1st Place 10K Male Brad Safnuk
 2nd Place 10K Male Josh Borgerding
 1st Place 10K Female Kelley Ludlum
 2nd Place 10K Female ... Alissa Czeiszperger
 1st Place 5K Male Denny Kalahar
 2nd Place 5K Male Fabio Camacho
 1st Place 5K Female Jennifer Bonner
 2nd Place 5K Female Santana Beckman
 1st Place Under 13 10K Chandler Biggs
 2nd Place Under 13 10K Brandon Gaffke
 1st Place Under 13 5K Max Coleman
 2nd Place Under 13 5K Alex Coleman



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 The Gourmet Cupcake Shoppe • Lisa Gross of Gold Canyon Candles
 Howl-A-Day Pet Resort • Menu Manager • One for Every Moment Photography
 Quizno's Sub • Chuck Servinski of Maple Hill Nursery
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SOS EVENTS

Sunday, October 17
Noon – 3:00 p.m.

Adopt-a-Thon at PetSmart

Sunday, November 7
Noon – 3:00 p.m.

Adopt-a-Thon at PetSmart

Sunday, November 21
Noon – 3:00 p.m.

Adopt-a-Thon at PetSmart

No December Meeting

Sunday, December 5
Noon – 3:00 p.m.

Adopt-a-Thon at PetSmart

Sunday, December 19
Noon – 3:00 p.m.

Adopt-a-Thon at PetSmart

*Adopt-a-Thons may be cancelled
 if no pets are available for adoption.*

Dirty Dog Run...



Best "Dressed to Thrill" Dog



It's Just a Little Time

Although I am not an SOSAR member, I wanted to help with the Second Annual Dirty Dog Trail Run. It was worth getting out of bed at the crack of dawn in order to help set up prior to 8:00 a.m. registration. As the sun rose over the treetops, the autumn weather was perfect and the terrain was beautiful.

People and canines started arriving. It was so much fun seeing the variety of dogs! From a magnificent Great Dane to several Dachshunds, big dogs and small dogs peppered the area. And it is true: some people do resemble their dogs!

As the races began, I witnessed a sea of 100-plus people and their dogs, eager to go. So many people obviously love and enjoy their dogs and made them an intricate part of their lives.

After the race, people and pets gathered for announcements, awards, and prizes. The crowd seemed to have a great time as

each race winner and raffle winner claimed their prizes. One woman was so elated to win a doggie pack for her little Sheltie, I don't think she could have been happier if she had won a car! She could not wait to put the pack on her little guy, and the Sheltie seemed to feel special sporting it. Dogs know.

As a result of just giving a little of my time on this cool, crisp fall morning, I was able to make a small contribution. With helpful manpower and those important donations, SOS Animal Rescue can continue their spay-neuter program for Midland County's low-income families.

Donating my Saturday morning was so rewarding, and I plan to do it again. You don't have to be a member or dig deep into our pockets to make a difference. Just give what you can: your time, your money, your talents. Just give!

Chris Erskine

THANK YOU!

Amy's Pampered Pooch
for donating grooming services
for Emmalee and Zoey

Donald Apple Jr.

Jennifer & Khord Brieske

Cheryl Christilaw
for dog food, dog treats, and coupons

Circle K, Kiwanis college branch

Jessica Davis

Erica Erskine for baking dog treats
to sell at Howl-A-Day Pet Expo
and Dirty Dog Run

Evelyn Fagley

The Fugates of Midland
for cat food, bed, and blanket

Gabriele Golombeski

Susan Howard Hampton

Michele James of Shelly's Bed & Biscuit



Abigail Hnizda & Elinor Hnizda
for donating proceeds
from a five-day lemonade stand and
for distributing free SOS bookmarks.

Jan List for baking and decorating
wiener dog butter cookies to sell
at Dirty Dog Run

Marjorie Woods Madden

George Momany &
Dottie Wiederhold-Momany

Sarah O'Connell,
an 8-year-old who donates 10% of her
money to charity. We could all follow her
example of giving to those in need!

Lyuba Pace

Leslie Russell

Sports Junction of Saginaw
for the terrific job on our t-shirts

Luanne Stickley
for making catnip toys

Phyllis Suthpen

Hitoshi Takahashi

Rachel Underhill

On Christmas Morning...

I wish,
For every dog searching trash cans for
breakfast,
a filled bowl with his name printed in bright
letters.

For every dog
who slept fitfully last night, chained in a
frozen yard,
a soft, warm bed with a person snoring
gently nearby.



For every shelter dog,
spending Christmas morning in a soiled
run,
a forever home, filled with sounds and
smells of family.

For every "Christmas" puppy given today,
a tolerant, caring owner who won't abandon
you
as you grow into a real dog.

For every ailing pet,
enough money for your owner
to pay the bills to make you well.

For every lost dog,
a clear, safe road, and well marked path,
to lead you home.

For every old and tired friend,
a warm fire, and a soft bed,
to ease your aches and pains.
and

For every Heart Dog at the Bridge,
a moment when you know that you
are remembered today, missed again,
and loved forever.

author unknown



United Way & SOS

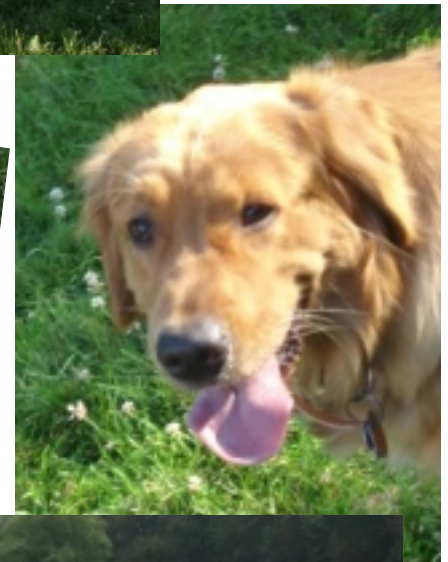
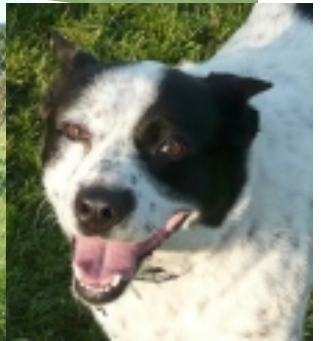
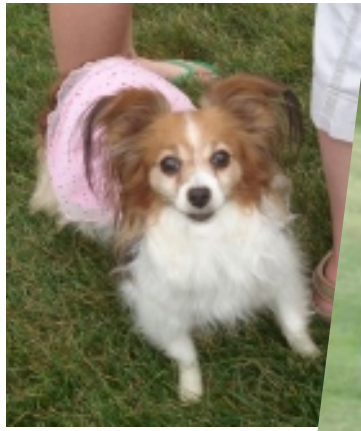
Keep SOS Animal Rescue in mind as you
fill out your United Way donation cards.
Simply write us in as your preferred
charity. Your generosity is greatly
appreciated!

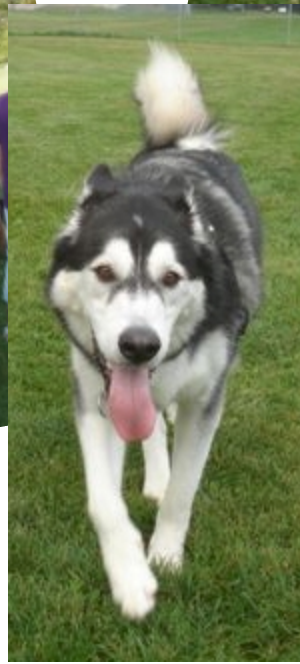
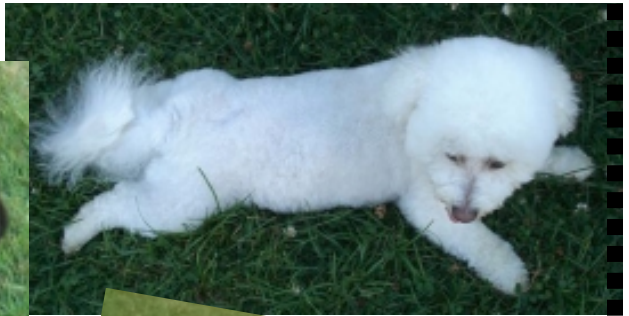
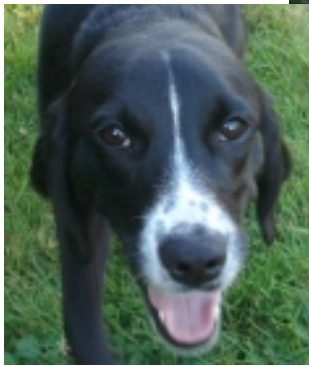
2011 Rummage Sale

Next year's rummage sale is on May 6 and
7. Please mark your calendars and keep us
in mind if you have items to donate.



Bark in the Park





Snapshots of Summer



Help Your Arthritic Dog Live More Comfortably

Priscilla, a pudgy Weimaraner, was about three or four years old when she was adopted by Sharon Blankenship of Michigan. Although Priscilla initially joined the other household Weims in their romps and two-mile daily walks, she began to slow down and lag behind after about a year.

"She became reluctant to leave the house, walked stiffly, and frequently would turn back before our walk was done," Blankenship says. "Eventually, she couldn't be coaxed out to walk with us." Although relatively young, Priscilla seemed old beyond her years. A veterinary diagnosis revealed she had arthritis.

A degenerative joint disease, arthritis affects cartilage, bone, and surrounding soft tissues. Commonly seen in middle- and old-aged dogs due to aging or mechanical damage to the cartilage, arthritis causes the cartilage to become less resilient, more prone to breaking down, and less able to recover and heal from injury or trauma, according to Darryl Millis, DVM, American College of Veterinary Surgeons diplomate, and professor of orthopedic surgery at the University of Tennessee.

But arthritis can also occur in any age animal — even puppies — due to orthopedic injuries or disorders, such as hip or elbow dysplasia or cruciate ligament damage. Immune-related diseases, such as lupus and rheumatoid arthritis, and tick infections can also cause cartilage damage, Millis says.

Arthritic dogs typically show signs of lameness, stiffness, difficulty in sitting or standing, decreased interest in play or exercise, reluctance to go up or down stairs, or hesitancy to jump onto furniture or into the car.

According to Millis, arthritis is more prevalent today for reasons that remain unclear. "It could be due to dogs living longer, to increased obesity — which directly contributes to arthritis — or because owners are more tuned into arthritis, so it's being reported more.

"There are more cases that could benefit from treatment, however," Millis adds. People often attribute decreased activity to old age, but dogs also reduce their level of activity because of chronic arthritic pain. "Many owners of older dogs that we treat for osteoarthritis state their dog is much more active after initiating treatment, and they didn't realize how much pain their dog must have been in," Millis says.

Arthritis is progressive and not curable, but various management techniques can reduce or even eliminate its symptoms.

Additionally, you can help prevent or delay the onset of arthritis in your pet. Here's how:

- Keep your dog or puppy trim. Excess weight puts additional force on the joints, basically wearing them out more quickly.
- Feed an appropriate diet. "Large or giant breed puppies that are fed high levels of [energy-producing ingredients] and calcium are at much greater risk for developing orthopedic problems as young as 4 to 5 months of age," Millis notes. For giant breeds, choose a large breed puppy formula; it will contain reduced amounts of energy ingredients and calcium.
- Exercise appropriately. Exercise helps preserve joint and muscle health and aids in fitness and weight control. Keep training sessions, repetitions, and intensity limited until a growing dog's skeletal system is mature. Ditto for aging dogs. "As the animal and the cartilage age, switch from explosive, concussive activities — running hard on a daily basis for long periods, jumping from high places, etc. — to low-impact, aerobic exercise," Millis says.
- Exercise sensibly. Prior to sustained or hard-on-the-joint activities such as jogging and agility, provide a proper warm-up period by stretching your dog's muscles and slowly warming them up, gradually increasing the speed over several minutes to the desired level of performance.

If your dog has arthritis, treatment can help:

- Supplement with nutraceuticals. Omega-3 fatty acids, chondroitin, glucosamine, and manganese ascorbate decrease joint inflammation, promote normal joint cartilage, and enhance lubrication of the joint fluid.
- Administer NSAIDs. Give prescription or over-the-counter nonsteroidal anti-inflammatory canine drugs on an as-needed, short-term, or long-term basis, per your veterinarian's recommendation, to relieve pain and inflammation. Do not give human over-the-counter anti-inflammatory drugs, such as ibuprofen to your dog. These can be deadly in pets.

Successfully managing arthritis is a lifelong commitment, but one that often pays off, as happened with Priscilla. Her treatment included weight loss, restricted activity, and NSAIDs on an as-needed basis. "As she lost weight, she became more active," Blankenship recalls. "In short order, she lost about 30 pounds, built up her body, and kept pace with all of us as we walked." It's been seven years since her diagnosis, and since that time, Priscilla hasn't had any more lameness or stiffness. Blankenship says, "She is still energetic and full of life."

By Marcia King, a Dog Fancy contributing editor who lives in Ohio.
Reprinted from DogChannel.com and November 2005 issue of Dog Fancy magazine.



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*SOS receives a portion of the
proceeds from each sale.*

Cupcake Social

On September 26, The Gourmet Cupcake Shoppe sponsored a delicious SOS fund-raiser.



Casey readies the frosting.



Codi, Alex, and Dawn fold boxes.



Dar and Isabella box up goodies.

Howl-A-Day

Howl-A-Day hosted the Pet Expo on September 25. We showcased our educational materials and did a little fund-raising. Special thanks to Howl-A-Day for donating a weekend stay to our raffle.



Prize winners Linda Malekadel and Wendy Seaver (who picked up the bunny for Max).



Winners of the raffle prizes were Chris Calkins, Sunday Miles, Sue Kamm, Linda Malekadel, and Max Seaver.



Public Education

Our newsletter mailing list is over the 500 mark and can also be viewed on our website. We incorporate education articles to ensure we take advantage of this communication media.

Beginning in July, we expanded the newsletter from eight to ten pages. We had two more Bark in the Park events, attended the Pet Expo at Howl-A-Day, and held the Dirty Dog Run. Our public education materials are available at all events and are free to the public.

We have new business cards. Thanks to volunteer Heather Nowaczewski for handling this for our group.

Facebook has been a huge success. We use the site to post our fund-raising events and will begin using it to post short education articles and thank our many loyal sponsors for their help. Become our fan on facebook at www.facebook.com/sosanimalrescue.

Correction: In our last newsletter, one of the volunteers in this photo was misidentified. They are Alex Peake and Codi Pound.



Welcome Home!

Dudley, Doodles, Emmalee, Zoey, Skeeter, and Dolly all went to new homes from our foster program.

Seven Common Causes of Diarrhea in Puppies

One of the more common problems seen in puppies is diarrhea. Diarrhea can range in severity from mild to quite severe and even life-threatening, depending on the cause. And there are many different causes of diarrhea for puppies.

Worms are a common cause of diarrhea in puppies

Worms, such as roundworms, hookworms, and whipworms, are probably among the most common causes of diarrhea in puppies. Many puppies are born with worms or acquire them shortly after birth from their mother's milk. Fortunately, worms are usually fairly easy to treat in most cases.

Protozoan parasites can cause diarrhea in puppies

Protozoan parasites can cause disease symptoms much like worms. Like worms, these parasites inhabit the gastrointestinal tract of the puppy. Unlike worms, these parasites are one-celled organisms. The most common protozoan parasites encountered in puppies are coccidia and *Giardia*. These parasites are reasonably easily treated. However, they can easily cause a puppy to become dehydrated and this can be a serious complication.

Changes in diet can cause diarrhea for puppies

Often, new pet owners change their puppies to a new diet. Sometimes the puppy's former diet is not known. At other times, the puppy's owner may feel that another diet is more nutritious for the puppy. Either way, sudden changes in diet frequently are too much for the intestinal tract to handle and the result can be diarrhea. If possible, a change in diet should be a gradual change taking place over the course of seven to ten days.

Stress can cause puppies to develop diarrhea

Stress is a factor that is known to cause diarrhea for many of us and puppies are no exception. Being separated from their mother and litter mates and introduced to a new home and new family can be enough of a stress to cause diarrhea for some puppies.

Eating foreign objects can cause diarrhea and other disease in puppies

Normal, healthy puppies are curious about their environment and they frequently explore by placing foreign objects in their mouths. However, when these objects are ingested, there is the potential for disease. Diarrhea is one of the signs that may be seen when a puppy eats something he/she should not eat. However, in some situations, these foreign objects may become lodged in the stomach or intestines, causing an obstruction and becoming a potentially life-threatening situation.

Canine parvovirus infection is a serious disease that can cause diarrhea in puppies. Canine parvovirus, sometimes called simply parvo or CPV, is a viral disease that is easily passed to a puppy through exposure to feces from infected dogs. Parvovirus is frequently fatal in puppies when they become infected. Diarrhea, vomiting, lack of appetite, lethargy, and severe dehydration are the hallmark signs of parvovirus in a puppy.

Canine coronavirus and other viral diseases can cause puppy diarrhea

Besides parvovirus, there are other viruses that can infect puppies and cause diarrhea. The most well-known of these is the canine coronavirus. While usually not as severe as canine parvoviral infection, these viral infections can nevertheless make a puppy very sick.

If your puppy suffers from diarrhea that does not resolve in a timely manner, or your puppy is not eating and/or is vomiting in addition to having diarrhea, you should schedule an appointment for your puppy to be examined by a veterinarian. If possible, obtain a sample of your puppy's feces for testing and take the sample with you when you visit the vet.

Written by Lorie Huston. Reprinted from Pet Health Examiner.

Upcoming Elections

Officer elections will be held at the regular November meeting. You must be a dues-paying member to vote. Vice president, secretary, and one director position are up for re-election. October is membership drive month, so look out for the renewal post cards.

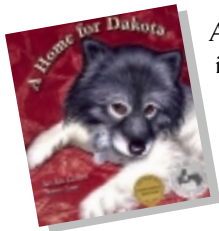
Spay/Neuter Assistance

We have provided spay/neuter assistance to 99 cats and dogs so far this year. We are also gearing up for participation in National Spay Day next year.

BOOK REVIEWS

***A Home for Dakota* by Jan Zita Grover & Nancy Lane**

Part of the Sit! Stay! Read! Series for ages five to eight, this is a narration of a puppy, No. 241, born in the confines of a puppy mill. In his journey of being saved with all the other dogs from the inhumane conditions he had been born into and adjusting to shelter life, he waits for his forever home. It is also a story of a girl who learns to see past the exterior of a little dog renamed Dakota.



A Home for Dakota introduces young children, in a manner that they can understand, to the plight of hundreds of thousands of puppy mill dogs in this country. The last page is information for the parent/adult regarding what can be done to eliminate puppy mills. This is a must-have for the young reader.

***Shelter Dogs* by Traer Scott**

Traer Scott, photographer, has created a book that is irresistible for anyone who cares about our companion animals. Each page is dedicated to an individual shelter dog, with up close and beautiful portraits of these amazing creatures. Some find good homes, while others are never adopted. The portraits tell the story. Each dog's face reveals emotion, dignity, and sometimes humor.



As a volunteer worker at an American shelter, Scott documented dogs whose lives were hanging in the balance, and to bring awareness of animal rescue causes and the need for adoptive homes for abandoned dogs. This is a book you definitely want to keep on your coffee table in order to share with family and friends; you won't be disappointed.

Supporting Local Animal Groups

We hosted Canine Cosmic Cure pet therapy group at the July 28 Bark in the Park. HSOMC, Heart of Michigan, and Methner's Second Chance Rescue joined us for Animal Rescue night. We also donated extra supplies to several local animal groups.

Sharing Tree at Soldan's

Please visit the sharing tree for pets at Soldan's, available from Thanksgiving to Christmas. This is a wonderful opportunity to help those less fortunate pets this season.



MEET THE VIZSLA



Description: "Dual" dog has characteristics of pointer and retriever. Popular in the field and the show ring due to his power and drive while hunting and his trainability in the home.

Group: Sporting.

Life Span: 10 to 14 years.

Color: Solid golden rust (not dark mahogany red or pale yellow), with some white allowed on the forechest only; any black is a disqualification.

Grooming: Minimal: clean ears, trim nails, bathe monthly.

Height: Average males measure 23 inches at the shoulder, females 22 inches.

Weight: Males are 50 to 65 pounds, females are about 10 pounds lighter.

Origin: Ancestors were hunters and companions for the Magyar hordes, a tribe that settled in Hungary. A favorite of early barons, Vizslas are depicted in etchings as far back as the 10th century.

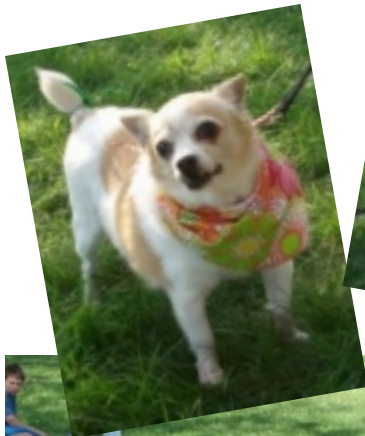
Personality: Expressive, gentle, and loving. Keen and trainable to a high degree, they need mental stimulation daily. Need a patient, calm, firm hand. Reliable with children, loving to play for hours, very athletic. Able to adapt quickly to family life, and generally good with other dogs.

Exercise: Energetic working dog with enormous stamina. Needs to be taken on daily, long, brisk walks or jogs. Great roller blading or bike riding companion.

Pooch Picnic



Congratulations, Kayla Marchington, winner of the dog goodie basket.



The summer students of Beaverton Middle School hosted a Pooch Picnic on July 16. All proceeds from the hot dog stand, bake sale, and raffle went to SOS. Under the guidance of Kayla Block, the students did an awesome job organizing everything. The turnout was great, and everybody had a fun time hanging out.

The Importance of Pet Nutrition

What is a healthy pet diet? With the wide variety of options on the market, this question can be difficult to answer. Nutrition is a critical component in pet wellness and behavior, and what you choose to feed your pet is not a decision that should be taken lightly. Ideally, you will reach the right diet decision for your pet through a combination of research and consultation with your veterinarian.

There are generally two schools of thought when it comes to selecting a healthy dog diet or healthy cat diet: home-prepared vs. commercially available. There are subsets within each category. Within the home-prepared diet category there are home-cooked and raw feeding options, and within the commercially available diets category there are a wide variety of kibbles and canned foods (of all quality levels) and some pre-made frozen raw diets.

Home-Prepared Diets

Within the realm of home-prepared diets are the options of home cooking and raw feeding. Raw feeding can further be divided into two additional subheadings: prey model raw (the “dogs are carnivores” camp) and BARF/Biologically Appropriate Raw Food (the “dogs are omnivores” camp).

Providing optimal nutrition through home prepared diets will take more time, commitment, and research than feeding commercially available diets. Expect to spend a few hours a week to a few hours a month on preparing your pets’ diet.

Both choices can also be more expensive than many commercially available diets, but advocates of both home prepared diet camps will argue that what is spent on quality nutrition results in long-term savings through the reduction of expensive medical bills. If you are looking to save money on preparing your pet’s home made diet, it is worth checking to see if there are any co-ops in your area. Co-ops are cooperative buying groups where a number of individuals interested in similar products pool their resources to buy in bulk and thus pass on the savings to co-op members.

Many veterinarians will try to dissuade pet owners from feeding home-prepared diets and will try to encourage the feeding of commercial foods for pets; citing risks to both human and pet health. Keeping a sanitary kitchen and following the same protocols you would when handling/preparing meals for your family will reduce these risks. Home-prepared diets can be a great alternative to commercial diets, but research is needed before you can prepare these diets correctly and preparing them incorrectly

can be dangerous for pets. A high quality commercial food is preferable to a poorly constructed home prepared diet.

Commercial Pet Diets

Perhaps home-prepared diets are not your style, or you would like to offer kibble or canned pet foods in addition to meals prepared at home. Pet nutrition is big business, and companies have recognized our love for pets and responded by offering a cornucopia of options and widely divergent quality from one brand to the next.

The most important thing to remember when shopping for healthy dog diets and healthy cat diets is that dogs and cats are meant to eat meat. If you are in doubt, just look at your pet’s teeth! Animals that are meant to eat primarily herbivorous diets do not have pronounced canines but flat teeth well suited for grinding. Any diet for your dog or cat should have high meat content. Ideally, meats or meat meals should constitute the first three or four ingredients on the label. Beware of foods containing by-products and any meat sources not referring the species from which the protein was derived (animal digest, animal fat, poultry by-product, etc.) as well as foods which contain large amounts of grains (corn, wheat, etc.).

It is nearly impossible to find a quality commercially prepared dog or cat food at the grocery store. To find truly high quality pet foods, you will likely need to visit the pet nutrition center at your local pet boutique. If you are transitioning from a grain heavy food to one that is grain free or lower grain content, make sure that you switch food slowly to avoid digestive upsets for your favorite furry companion.

It may take a little research and experimentation to find the right food for your pet, but you will be repaid for these efforts by many happy, healthy years with your favorite animal(s).

Reprinted from www.dogster.com. Dogster and Catster provide informational forums to help you create your pet’s home-made diet.



Spay/Neuter Statistics

From January 2004 to September 2010, SOS Animal Rescue has spayed/neutered 1190 cats and dogs.

| SPAY/NEUTER | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | 2010 |
|--------------|-----------|------------|------------|------------|------------|------------|-----------|
| Female Cats | 41 | 90 | 93 | 109 | 90 | 64 | 43 |
| Male Cats | 26 | 64 | 57 | 70 | 49 | 32 | 24 |
| Female Dogs | 14 | 31 | 32 | 30 | 44 | 28 | 22 |
| Male Dogs | 13 | 17 | 30 | 41 | 20 | 6 | 10 |
| TOTAL | 94 | 202 | 212 | 250 | 203 | 130 | 99 |



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www.sosanimalrescue.org

Officers

Joann Taylor, President
Shelley Park, Vice President
Darlene Andrews, Secretary
Karla Oldenburg, Treasurer

Mission Statement

SOS Animal Rescue is a non-profit 501(c)3 organization whose mission is to reduce the number of unwanted pets through placement, public education, spay/neuter assistance programs, and support for the efforts of local animal welfare groups.

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Liz Shook

Newsletter Editor

Sheryl Billmeier Hnizda

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